



Viera Children's  
Academy

# Infant/Tots Newsletter

## January 2026

3395 Viera Blvd. Viera, FL 32940/321-433-2330

### Monthly Theme

**Week 1:** Sharing and Manners

**Week 2:** Community Helpers

**Week 3:** Martin Luther King Jr.

Day/ Eric Carle Week

**Week 4:** Transportation by Land

**Concept:** Rhythm, Community  
Helpers/ MLK

**Letters:** O, Q, C

**Color:** Blue-Azul

**Shape:** Star (snowflake)

**Numbers:** 6

## Happy New Year

Wow, how time has passed. It seemed just like yesterday that it was August and now we have entered a new year and the VCA team is filled with excitement for all the adventures that will be taking place in January. In December, we learned all about the Spirit of the Season. We introduced the children to Christmas, Hanukah, Kwanza, and holiday music and foods. January brings the theme of Community Helpers and Martin Luther King Jr. The children will have the opportunity to learn about people in our community as well as manners and respect. We, as a team, cannot wait to teach these themes and it is our hope that your child will enjoy it as well!

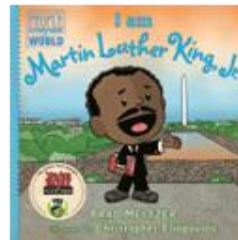


### Just a reminder

- We are a PEANUT-FREE school.
- Label ALL your child's belongings. This includes but is not limited to diapers, bottles, cups, clothing, sheets, etc.

## Books of the Month

We love reading books in the classroom and we read every day. Here is a list of holiday books that you can enjoy with your toddler.



1. I am Martin Luther King Jr by Brad Melter and Christopher Elipoloulos
2. Do Unto Otters by Laurie Keller
3. Firefighter Pete by James Dean
4. Clothesline Clues to Jobs People Do by Kathryn Heling

### Upcoming Dates

Jan 19<sup>th</sup>: MLK Day - VCA  
CLOSED

### Fun Facts

Did you know.....

~ The name for January comes from the Roman god, Janus, who is always depicted with two heads. He uses one head to look back on the year before, and the other head to look forward into the New Year!

~Originally, the Roman calendar had only 10 months, and it excluded January and February.

~January is a month of extremes! It is the coldest month in the northern hemisphere and the hottest month in the southern hemisphere.

~ January is Celebration of Life Month, as a reminder at the start of the new year of how precious life is and why we should celebrate life itself.

## Teacher Communication

If there is anything you would like to discuss with your child's teacher, please feel free to contact them at your convenience. Your Child's teacher can be reached through the ProCare app.

